



### **What activities count as CPD for the CMC?**

CPD is a combination of learning, study and experience that will help you manage your own growth as a mediator. It is an important qualifying component of CMC Regulated Mediator status.

The CMC understands that 'one size does not fit all' and so the topics and activities considered should be most appropriate to wherever you are in your mediation career. Accordingly, CPD is not fixed in terms of content. We do measure the time that you spend on CPD as an indicator that you are undertaking the CPD process to maintain and develop your skills.

We will expect mediators to learn directly from others and therefore observing mediations or attending training, seminars and conferences would be typical examples. Writing articles on mediation and delivering training would also count. However, we would also include more solitary activities such as watching webinars, reading books or researching and writing papers as part of CPD. A mixture of activities is expected.

So long as the hours are devoted to mediation-specific topics, CPD hours need not be dependent on recognition by a professional body.

### **How should I record my CPD?**

All mediators should maintain a training log, which should include the training/development activities carried out, how far it met the mediator's training needs and the value it brings to the mediator's practise and therefore their clients.

### **Does the CMC have a list of Approved CPD trainers or courses?**

The CMC does not have the resource to monitor all training bodies for their mediator CPD courses or programmes and so does not provide a list of approved CPD trainers or courses. However, to assist mediators in finding training courses, the CMC does include training courses that may be relevant to mediators in its newsletter, Mediation Messenger and on its website.

### **How does the CMC assess that the CPD is appropriate?**

For CMC Regulated Mediators and Registered Mediation Providers we will undertake spot checks to ensure that the CPD being undertaken is valid and relevant to mediation. (For example: in the case of a mediator who is also a shipping lawyer we would not accept CPD that only related to Arbitration in shipping.)

When considering CPD as part of a CMC spot check, to assess if a course is eligible for CPD, we will look firstly at who is delivering the training (is it a reputable provider known to the CMC, by virtue of providing a Registered Training Course, or run by a Regulated Mediator/Registered Mediation Provider?) and secondly we will look at the content of that event to see if it has relevance to a career in mediation. If a course were found not to be eligible the applicant will be told directly, with an explanation, and be given the opportunity to provide alternative CPD if at all possible.